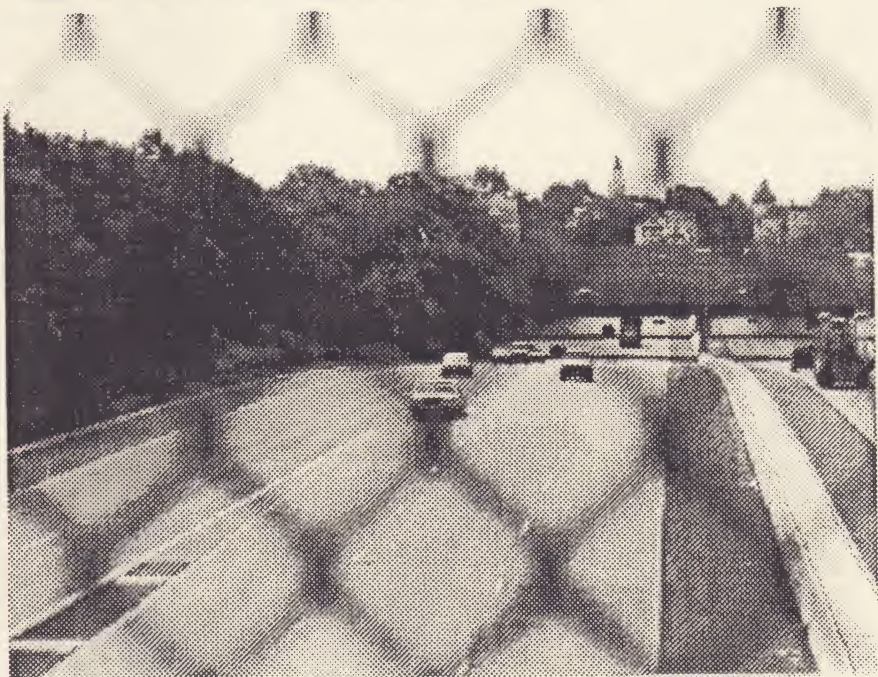


shittalker



chokehold

falling forward

XsinnerX

I really hope this gets done on time. Countdown to the tour is at about one week. Anyway I am OB and I talk shit, but seeing how I am from New Jersey I feel that it is expected of me to do so. Maybe you read this other zine that I did with Rob and Anthony called Manor Farm. I really liked doing that zine but Anthony and Rob (gasp) work during the summer and don't have the time to be zinesters. So while I accumulated a lot of shit to put into the next Manor Farm, they did not. So I have an okay amount of stuff written but no prospects of a Manor Farm coming out until (at the earliest) Fall. Enter Lifetime who ask me to roadie for them on their summer tour. I accept. I think, I will put out my own little zine with the stuff I have done, plus some other shit I had lying around (XsinnerX), so I can spread the gospel while on tour. I did two interviews, put it together and Voila Shittalker. Enjoy. Write to me at 711 Raritan Ave. Suite #18, Highland Park, NJ 08904.

Good stuff

Endpoint Aftertaste Lp and Live
Falling Forward Cd and Live
Undertow Live
Amenity Discography Cd
Threadbare 7 inch
Outspoken Live
Face to Face Disconnected 7 inch

Photo credits

Falling Forward- Jeurgem H.
Undertow- Todd (Va. Beach)
Born Against-Jon (Cleveland)
cover photo- Steve Strom, ASLA
Lifetime photo by Jeurgem
All shit was talked by me except
for Slag ... by Vique Martin and
The Vegan Messiah by Ronald T
Wood III.

Undertow@ the Warehouse



Thanks to Sean McCabe for printing aid.



I am not this Diet

Though you wouldn't know it if you were to attend a hardcore show, particularly a straight-edge one, or hang out with certain hardcore kids. And these people are not always the ones with vegan plastered all over their bodies, nor do they reside in Syracuse, no these are the supposed smart punks. These people are so smart as to have elevated their diet to an obsession, just like an anorexic or bulimic does. Not a single time that I have been with these kids that one of them hasn't mentioned what they can and cannot eat, what they ate, what they are going to eat, what they wished they could eat... Food, Food, Food, Food. It's at the center of their lives. Hey guess what people there is more to life, even your own lives, than what you put in your stomachs. And I thought it was all about the animals anyway. Don't forget that when you're patting yourselves on the back or searching for the ultimate in vegan treats.

Please from now on when first addressing someone at a show ask not "how are you doing?", but "what have you been eating?". It's all that's important anyway.

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falling forward

Falling Forward are a band from Louisville, KY. They have a new CD on Initial records, and a previous 7 inch on Noble recordings (which is also on the CD). This interview was done with Chris through the mail in July 1994. Many thanks to him for responding to my questions. Boy my introductions are dumb.

Who is in the band and stuff like that?

To start off it's been all the original members.

Johnathan-guitar

Benny-bass

Chris-vocals

and the twins (just joking)

Gary-guitar

Ben-drums

We have been together about two years now.

How was the 3 week tour with Endpoint and Shift?

The tour was great, just like anything it's going to wear you down but all and all we couldn't have asked for any better. The response was amazing and all the people we met were wonderful, especially the street people in Philadelphia.

Did the problems/break-up of Endpoint on the tour present any problems to you or influence the mood of the tour?

If it did anything for the tour is that it made it easier. Once what was needed to be said was said it relaxed everything and everyone was less tense. Once whatever decision was made, which is best left for them to disclose, they played some of their best shows (in my opinion). Personally it was sad because they are the guys who brought me up through the scene, being at their show six years ago and now touring with them on their last tour, I really just didn't want to think about it that much. I guess it's just one of those things that had to happen.

On the tour did you prefer playing big clubs or smaller DIY hall shows?

Both types of places have their good and bad sides. Big clubs equal high prices and, depending on the club, less intimacy. But they do have larger capacity and sometimes better sound. Small DIY halls equal more intimacy, better atmosphere, lower prices. But they can, depending on who does the show, be less dependable, or have poor sound.

Definitely some of our best shows were the ones in peoples basements or rented halls where you could feel each other's energy. This is where I felt most comfortable. It was great to see people doing their own thing and supporting their scene.

early 1994) 373-6184
directions:
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NE

here) As far as guarantees I think that they are a necessary evil because the band is depending on that certain amount (of money) to work in their budget for that tour for food, vans, break-downs, whatever. As long as the guarantee is reasonable I don't find anything wrong with it. As for this tour we had nothing to do with the money. It gave us gas in our tanks and food in our bellies and that's it. If there was any extra, which I am sure there was, it was understood that it went to pay for Endpoint's vans for the West Coast tour. We were basically there for the ride and to play where we were never able to play before. If the guarantee was the reason for the door price being so high on the East Coast then I have a problem with it, but I was told prices were normal.

The Louisville scene, right now, is in its type of hibernation period for a month or so. It goes through stages, but always seems to survive and usually comes out stronger. There are a lot of younger kids in the scene, but hopefully that means it will continue to grow.

To be honest I wasn't sure how that was going to go. We were traveling super far to play and then the show schedule to play ended up being mostly Louisville bands (*on Friday night when they played-ob*). We really wanted to play with bands that we'd usually not get to play with. Also being that we played the first day we were scared no one was going to be there. I am still not really sure how it went, if people got to see us or not and what they thought. But we played, had a good time, ended up playing with all of the bands that we came to see because of schedule changes and things. And for a grand finale played acoustic with Strife a night later in a parking lot, what else could you ask for?

You can also say anything else you want.

Falling Forward can be reached at 4416 Rondean Dr. Louisville, KY 40216

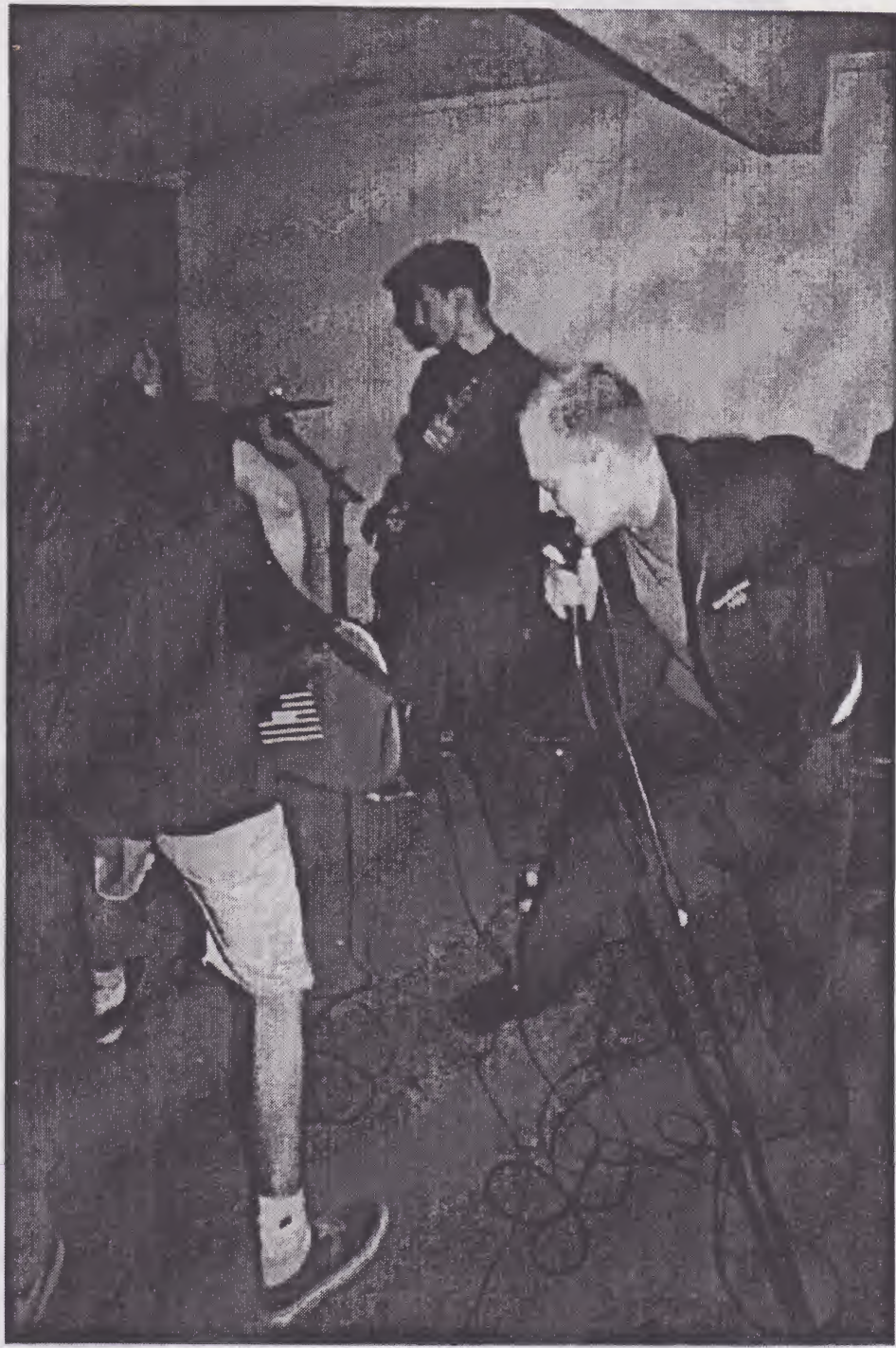
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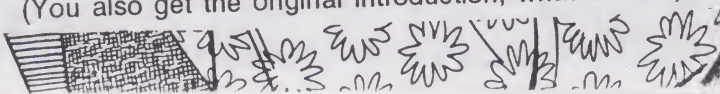
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XSinner X



XSinnerX was going to be a straight edge sex positive fanzine stirred to start such a zine after continuing to encounter hostile attitudes towards people who participated in sex and sex in generally am. straight-edgers. Also it was going to be an attempt to put forth a healthy attitude about sex and provide information about safer sex. Basic another way of seeing things.

Anyway I asked several members of the straight edge scene who considered (or knew) to share similar opinions about the puritainic attitudes of many edgers (and sex in general) to write for the zine. I wanted to get the zine out for the biggest straight-edge gathering that I knew of, the Madison "A New Hope" Festival. However it did not come to pass. Eventually I recieved one piece (from Viq, which appears here and in Simba #7). However most of the people whom I asked to write tackled the subject in different zines and in different ways: Daisy Rooks in her column in HeartattaCk #1, Sean McCabe in Sandbox #4, and Jason Kill the Robot, in nearly every issue of that zine. So the information and ideas got out into the scene without XSinnerX ever coming out. But I was left with the stuff I had done, not a lot, but enough that I did not want to scrap it. So when I started working on this zine, I decided to include it in its own little section. So here it is. (You also get the original introduction, what a deal!)



RAITIVE, UNIQUE COUPLE SEEKS
 special 'O' to return to the chateau
 must be intell, attrac, Bi or curious
 submissive & open to all. This
 ur dream come true. ☎ 7758

Attractive woman
 who loves
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BLACK MALE
 built, health conscious, relationship
 led M, wanted by very passionate,
 tive transvestite. Must be able to
 pl me as F & M. Looking for more
 just sex. ☎ 7446

BOTTOMS UP
 XS F WHO ALWAYS WANTED TO BE
 DISCIPLINED LIKE A NAUGHTY LITTLE
 L. NOW IS YOUR CHANCE! ☎ 7667

JM, late 30s, seeks fun loving F with
 missive side, who enjoys nice res-
 onic good times & training in the
 yer department. Strict but lovable &
 respect your needs. Can also be
 missive w/ the right woman ☎ 7277

A SUBMISSIVE SWM 33,
 attr seeks dominant F. I will cater to
 your every whim around the clock.
 ase call--you won't be disappointed.
 ☎ 7611

ENTION LADIES: Erotic SWM 31
 smely long hair, great looks, build
 s erotic female into fun fantasy,
 flment, toys, games, watching films
 ust plain eroticism, drug & disease
 older woman a plus. ☎ 7706

ITTENTIVE DJM, professional, 55,
 e slim, shapely F who really enjoys
 love making. I'm very oral, and

CHEEKS
 Female any race 20-40 with assets be-
 hind her wanted by SBM: slim, attrac-
 tive, for expert consultation. ☎ 7739
 Clean discreet WM sks cples straight or

Handsone, Successful, Middle-Aged
 Gentlemen desires intense Dominant/
 Submissive lifestyle relationship w/a
 woman who'd like to be in control. This
 is for real. All replies answered. Novices
 welcomed. ☎ 7779

School for Wives
 MWM, early 40s, tall, rugged,
 offers special erotic training and role
 playing for naughty wives. ☎ 7805

SEARCHING FOR DOMINANT BF
 & handsome
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 960
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 WM 40's sub-
 erotic, clinical
 e, long term.

Welcome

I don't know what you were expecting but maybe this will set the record straight. This is a sex zine, in that it is pretty much all about sex. However it is probably not like any sex zine you may have read before, so if you were looking for that kind of stuff, well then I think you may be disappointed. This is a straight-edge sex zine, in as much as sex and straight-edge are related, which is not at all. Well it is a sex zine done by straight-edges, so in that respect it could be considered one. In actuality XSinnerX is nothing more than a reactionary piece of propaganda aimed at the straight edge community. Sound interesting? Then please read on.

DOMINANT M
 sensual romantic warm MWM, 35, 6 ft
 180 lb, blue eyes, very handsome busn
 exec seeks submissive F for sensual
 warm caring relationship. ☎ 7293

DOMINANT
 MWM 30's seeks submissive F
 very firm discipline & role playing.
 Sensual romantic fantasies will make
 you very happy. ☎ 7794

DOMINANT MWM 38, tall & rugged
 seeks SUBMISSIVE F age 20-49 in need
 of immediate attitude adjustment. I will
 get to the seat of your problem in a
 strict, but loving manner. Beginner
 welcome. No diseases. ☎ 7331

DOMINANT SWM 32
 handsome, safe, & sane professional
 seeks curious F who wishes to explore
 her submissive personality. Discretion
 assured. ☎ 7508

DOMINANT WM
 LATE 50's SEEK SUBMISSIVE FEMALE
 FOR A LONG TERM RELATIONSHIP. BE
 DRUG & DISEASE FREE AS I AM. ANY
 AGE OR LOCATION IS OK. ☎ 7674

DOMINATIVE FEMALE
 Submissive MWM, 30s, 5', 220lbs, blue
 eyes & handsome, would love to wine &
 dine & please you in every way. Take a
 chance, you won't be sorry. ☎ 7275

DWM 53 seeks open-minded

Middle Eastern dominant
 Wanted by submissive

Bi WM, 35, looking for a special M to
 serve & obey, any age or race, drug &
 disease free.

Forget the quiet storm,
 here's my loving music.

1. 808 State. The one with the flag on it. Starts out slow and mild and gets faster and heavier. Sound familiar?
2. Iceburn. Firon. Strangely I find this erotic. And it is a long album.
3. NIN. Pretty Hate Machine. The irony does not escape me.
4. Big Band music. Especially with a female vocalist. The more swing the better.
5. Housemartins. The slower songs are made for cuddling.

submissive WM wants to make life

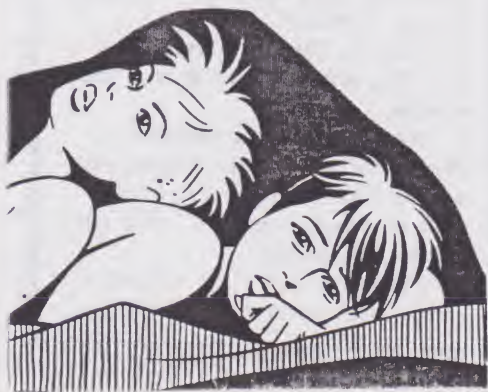
DISCREET 11/79

And Just What is Sex Anyway?



Sex is just a physical act between two people. That's all. What you make of it is your business and the business of your partner(s) and no one else's so long as you are not hurting anyone. Contrary to what you may have been taught there is no universally, true meaning attached to the act. Make of it what you will. And please please don't judge others actions after you have figured out what it means to you. Your meaning of sex is a moral decision. And as in most moral decisions it has a very large "grey" areas and does not lend itself to definitions of right and wrong easily.

If you want to use the sex act as an expression of ultimate love between you and your partner, then great, because that is beautiful and wonderful. If you want to use the sex act as a way to make someone physically happy and he or she understands that and wants to do the same, then more power to you. Have fun. Sex and love are not mutually inclusive. I have had sex with people whom I did not love. So have millions of other people. I didn't explode or anything, and I don't think I am heading to Hell. And neither did they. As long as people are honest with each other and know what each other is thinking and feeling (and consent to engage in safer sex), what fucking business of yours is it to judge what they are doing?



Most of the problems attributed to sex (unwanted pregnancy, emotional damage, venereal disease) are really caused by lack of communication between partners and lack of sexual education. So hell yeah you had better be responsible, honest, and prepared before and when you have sex, but it's no ones fucking business after that.

"I don't drink, ... I don't smoke, I don't fuck "

Of course this is the now legendary phrase put forth by Ian MacKaye in 1980 which is credited with starting the straight-edge movement. The first two parts of the line are pretty much taken as axiomatic in regards to the definition of straight-edge, but the last has been subject to intense debate within the community since 1980; with the debate boiling down to, does it mean abstinence or does it mean no casual sex?

It really makes no difference. Minor Threat was not the first to espouse a drug free life style; social and, particularly, religious groups had put forth the benefits of clean living for thousands of years before 1980, and probably will continue to do so for thousands more to come. And most of them never heard of punk rock. Minor Threat was the just the first band to merge hardcore and a belief in a drug free life style, they invented nothing, just reinterpreted an old idea and introduced it to some people who were in dire need of hearing the message (Punks). So basically the phrase in and of itself is not the definition of straight-edge, it is Minor Threat's definition of straight-edge.

Hey just ask any 100 edgers their reasons for being straight and you'll probably get 100 different reasons along with 100 different definitions of what straight-edge is to boot. That is because straight-edge is, at its base, a personal philosophy, with some universal tenets and that allows for the formation of a scene and movement. There is no book or song with a definition of straight-edge, it is simply an individual philosophy on life. And here's my take on it.

I am straight as a result of my attempt to experience the world, and to put forth myself to the world, in an unaltered state. Drugs alter reality and my true personality and thus are detrimental to my goal. Therefore I don't use them. For myself and others being straight-edge has nothing to do with my sex life; Sex has nothing to do with my reasons for being straight, it is a wholly different subject. What not doing drugs and who I have sex with, when I have sex, and in how much sex I engage in have in common? Nothing.



Nancy Wong

The following is an interview I conducted with Nancy Wong, a Douglass College student and sexual health advocate for Rutgers Health Services. She is very knowledgeable on sexual health issues and so I thought her insight would be beneficial. I was also interested in the sexual health advocacy program and what it entails. I would like to thank Nancy for her time and answers, and for providing the flyers and information which accompany the interview. (I would also like to apologize for the Rutgerscentricity of the interview, but please bear with it.)

Q: What exactly is a sexual health advocate?

A: It is a two semester class where we learn about all different issues; we learn about about safer sex, contraception, about all types of sexual transmitted diseases, we deal with issues of alcohol and sex, heterosexism and homophobia, acquaintance rape, the list goes on and on. It is a real intimate setting, there are only about 20 people (in the class), we have readings, group projects, we keep a journal. You learn a lot about yourself through the class, from sharing personal experiences. Through the class I have become so comfortable about my sexuality, because before the class, I was not as comfortable with myself, but now I think I am able to deal with so many issues, am overall comfortable with my sexuality, my self-esteem, my body image.

Q: Do you get credit for the class (towards graduation)?

A: The first semester is 1 credit, and the second

Why should I use a condom?

(Why bother?)

- They help prevent the spread of STD's, including AIDS/HIV, herpes, gonorrhea and chlamydia.
- Condoms are the only non-permanent form of male contraception.
- They are easy to get (pharmacy or vending machines on campus or any local drugstore).
- They are safe - they present no health hazards and have no medical side effects.
- You can involve your partner in putting it on.
- Condoms can help make an erection last longer.

How effective is a condom?

(Does it work?)

- When used properly, a condom does work - and very well. As a method of birth control, it is 90% effective. A condom when used with contraceptive foam or jelly is as effective as the birth control pill (97-78% effective).
- Condoms are highly effective against the spread of STD's. The latex condom provides an effective barrier against transmission of some viruses and bacteria, reducing the risk for STD's.

What is safe sex?

- Essentially, safe sex is no sex. The question may be "What is safer sex?"
- Safer sex is sex that greatly reduces the unwanted consequences of sex, such as unwanted pregnancy, coercive sex, and the spread of sexually transmitted diseases.

How can I have safer sex?

(How to be a better lover)

- Talk with your partner. Find out what your partner's needs and dislikes are. Don't assume you know what your partner wants or needs. Lack of communication can lead to unsatisfying and unsafe sex.
- Like many other things, sex is what you make of it. Eroticize the condom. If you or your partner is male, sex with a condom should be your practice - make this protection a part of foreplay. Get both partners involved with putting the condom on. Experiment with the many different brands and styles of latex condoms until you find one that suits you. There are different colors, textures, strengths and sizes of condoms. Remember that a latex (not animal skin) condom with a spermicide offers improved protection against sexually transmitted diseases.
- No one wants to have regrets about any sexual experience. If the two of you decide to have sex, make sure it is that - a mutual decision.
- Condoms do not interfere with the most important erotic organs - the heart and the brain.

semester is 3 credits. You do programs all over campus, for all different kinds of organizations, residence halls, mostly residence halls. Basically the preceptor will request a sexual health program, and two facilitators will come out, and we'll have all our materials, it's very informal, we talk about all sorts of things, pass out free condoms, dental dams, vaginal contraceptive film, all different things. We attempt to make people comfortable about talking about sex in general; because it can be hard to talk about sex.

Q: It's all volunteer, you don't get paid?

A: No we aren't paid.

Q: Why did you want to become a sexual health advocate?

A: When I was in high school, I did a lot of HIV related volunteer work, and I was really dedicated to that, but at the same time I knew I wasn't that comfortable with my sexuality, I wasn't comfortable with talking about sex in general. When I got to Rutgers I read about the program, I think it was in the paper, that they were having interviews, and I thought, I am going to try to get in. I knew it would be a good learning experience.

Before I took the class I couldn't talk about sex, I couldn't talk about condoms, I was scared to talk about anything concerning sexuality. Now I am so comfortable about it, it is really good.

Q: As far as the advocates themselves, are the majority men, women, or evenly split?

A: The majority are women. We have been trying to push for more men to get involved so there is more of a balance, but in my class there were 20 people, 17 women, and 3 men.

Q: Do you think there is a reason for the disparity?

A: I don't know, maybe men are not motivated, maybe

they think it is something that they won't like. But we at the (Rutgers University) health department are attempting to encourage more men to be advocates. It's really kind of sad.

Q: Are the seminars, aside from the ones at Douglass, coed?

A: Yes. All types of groups ask for a seminar. Fraternities, Clubs, Residence halls, all types of groups ask for one.

Q: Does this pose a barrier, make it harder to talk?

A: No. In the residence halls especially, there are only like 15 to 20 people, who know each other (from living there) already, and it is such a non-threatening atmosphere. Another big thing is that we (the sexual health advocates) are all college students, I am not 50-60 years old, so people attending the seminars can totally relate to us. We know and can actually talk from experience. I always try to use my own personal experiences in the seminars.

It also depends on the program too. I did a homophobia program where no one talked. But at a safer sex program everyone talks. At homophobia programs its either blatant homophobia or silence.

Q: Is the homophobia/heterosexism seminar the most difficult to do?

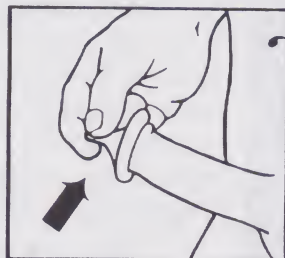
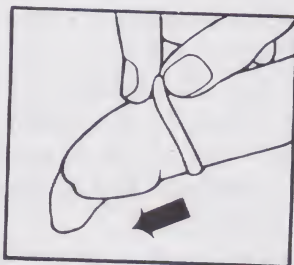
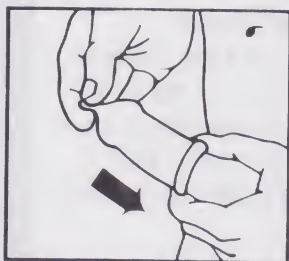
A: Yes, but it is also one of the most important ones. I just see so much heterosexism in literature and classrooms. It is always boyfriend/girlfriend and heterosexuality and the nuclear family. One program I did on Busch, a man in the dorm was coming out, and he was so harassed he had to move to a different campus. That's really sad.

We also stress not just tolerance but acceptance. A lot of people are like "if he doesn't touch me or he doesn't look at me, then that's fine"

What is a condom?

(Rubber, safe, prophylactic, skin, raincoat)

- A condom is a rubber or animal membrane sheath that fits over the erect penis and acts as a barrier against the transmission of semen during intercourse (vaginal, anal) or oral-genital contact.
- Condoms come in a variety of styles and colors. They can be lubricated or non-lubricated; straight-sided or tapered. Some have a receptacle to catch the semen, and some have a spermicide on the inner and outer surface.
- Latex condoms are far more effective than animal skin condoms in helping to prevent the spread of sexually transmitted diseases (STD's).



The Correct Way to Use a Condom

Condoms can and do offer protection against STDs—but only when they are used properly:

- ▲ Store condoms in a cool, dry place.
- ▲ Use latex condoms, and wear **one every time** you have vaginal, oral, or anal sex.
- ▲ Put on a condom **before** sexual penetration. Waiting until just before ejaculation

(“cumming”) does not give good protection against STDs.

- ▲ When putting on a condom, make sure there is a bit of space at the tip—enough to hold the ejaculate (cum). If the condom doesn't already have a “receptacle tip” or “reservoir end” to hold the cum, pinch $\frac{1}{4}$ to $\frac{1}{2}$ inch of the condom tip before unrolling the condom.
- ▲ Hold the condom by the tip and unroll it to cover the entire erect penis. Make sure there is no air in the tip.
- ▲ If a man penetrating his partner is uncircumcised, he should pull the foreskin back before

putting on the condom.

- ▲ After ejaculation, hold the condom close to the base of the penis and withdraw the penis before the erection goes away.
- ▲ Throw used condoms away immediately. Do not attempt to use them more than once.
- ▲ If you feel a condom break while having sexual intercourse, stop and withdraw the penis as described above.

For added protection against STDs, for vaginal sex or anal sex, you can use a birth control foam, jelly, or cream along with the

condom. In this case, the following steps are suggested:

- ▲ Use a foam, jelly, or cream that contains a sperm-killing agent such as nonoxynol-9.
- ▲ Place a small amount of the foam, cream, or jelly on the inside in the tip of the condom before unrolling it.
- ▲ After unrolling the condom over the erect penis, place some of the foam, cream, or jelly on the outside of the condom. For vaginal sex, also use an applicator full of spermicide inside the vagina for extra protection in the event of breakage.

They don't accept the person for who they are. Also people tend to refer to homosexuality as just same sex sex, they don't think of the whole person. they devalue homosexuality.

Q: Because same sex sex does not equal homosexuality?

A: No. There is a lot of problems in labeling, because not everyone fits. I know a woman who has been with a woman and also been with a man, yet she considers herself a hetero, not bi. Some people don't identify themselves as something out of fear or they just haven't figured it out yet.

Q: Do any of the lectures deal with the issue of deciding when to have sex?

A: Well we stress in our programs that it's your choice. There is no particular program on decision making, when do you feel you are ready for sex. We do have some pamphlets on the subject which we give out, and we stress that abstinence is a choice. I think that abstinence has such a bad rap, that you are not a sexual being unless you have intercourse, like intercourse is everything, but it is not. You can still be sexual with someone without having intercourse. Abstinence can mean hugging, kissing, a wide range of things.

Another technique that we use in our forums, which I think makes the program's more effective in terms of discussion is to set some ground rules. We stress confidentiality so there is no 'I heard OB said this'. Whatever is said in the room stays in the room. There are also no assumptions about anyone's sexual orientation or whether they are sexually active. Everyone must speak in "I" statements, that gets rid off generalizations.

Q: You also mentioned that one of your seminars deals with alcohol and sex. Can you

tell me a little about that?

A: Okay, sure. We deal with the general attitudes about drinking, what alcohol does to your body, and if you have been drinking and end up having sex with someone- your judgment is impaired- are you going to reach for that condom or dental damn. Are you thinking about that if you are so drunk that you cannot walk home? That program is really good. I worry about this. I get worried when my friends go to fraternity parties and they drink heavily there. I worry for their safety, who, if anyone, they are going to end up being with, and will that person take advantage of them. I don't know. Sometimes I want to be the motherly type that goes with them to any parties where they will be getting really drunk so no one takes advantage of them. For myself, I try not to put myself in situations where I could end up getting drunk and then being with someone. Anything can happen in that situation. It is scary.

Q: I'd like to talk about contraceptives.

A: Okay. We have our good old condom here. At Rutgers you can get condoms at the health centers, and they are cheap. Make sure you get condoms with nonoxynol 9, and check the expiration date, which should be printed on the wrapper. Don't keep condoms in your pocket or out in direct sunlight, because they could be damaged. During programs we bring things called crystal penii and let people practice putting condoms. A lot of people don't know how to properly put on a condom, they think well if I put it on backwards I can just flip it over, but it can be coated with pre-ejaculatory fluid, and that is not good. People need to know how to put a condom on properly.

This is VCF- vaginal contraceptive film. You can also buy this at the health centers. It is a piece of film coated with nonoxynol - 9 that you can use in

VCF[®]

Vaginal Contraceptive Film[™]

Use one VCF dissolving spermicidal film before each act of intercourse

This pack contains individually sealed semi-transparent squares of soluble contraceptive film. It incorporates a highly efficient and safe material that kills sperm on contact.

Active ingredient: Nonoxynol-9 28%.

GENERAL INFORMATION

It is always essential that there is no contact between vagina and penis before contraceptive precautions have been taken. This is vital because the man can introduce fertilizing sperm into the vaginal area before ejaculation.

VCF dissolves quickly and there is nothing to dispose of. VCF is washed away with the natural body fluids.

(See for yourself how VCF works. Place VCF in a saucer, pour half a teaspoon of warm water and gently shake the saucer. You will see that VCF completely dissolves, but does not become runny.)

VCF seldomly causes vaginal irritation. If discomfort does occur at a time when you are using VCF discontinue use. Should the irritation persist, consult your doctor.

If this product is used together with another contraceptive method there will probably be better protection against pregnancy.

No birth control method is 100% effective.

If your physician has told you that you should not become pregnant, discuss with the physician the best method of birth control for you.

How to use VCF Vaginal Contraceptive Film.

Remove one film with dry fingers. Fold in half and place over fingertip as shown in Figure 1.

The correct place for VCF is deep in the vagina on the cervix. Make sure you can locate the cervix. (See Fig. 2).

You may need a little practice to insert VCF properly, so try two or three times without having intercourse.

Use the same position as you do for inserting a tampon—that is to say crouching, or standing with one leg raised with your foot on a stool or chair. Another alternative is lying down.

Make sure your fingers are dry and the insertion is made quickly. Do not insert VCF into the urinary opening.

Insert VCF not less than 15 minutes and not more than 1 hour before intercourse. If more than 1 hour elapses since VCF was inserted, insert another VCF film.

Use one VCF for each act of intercourse. Several VCF's may be used in a day.

If douching is desired, always wait at least 6 hours after intercourse before douching.

It is important that you follow the instructions carefully.

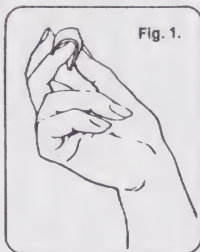


Fig. 1.

There are a number of possible ways to hold VCF before insertion. The best way is to fold VCF as indicated. Two fingers may be inserted or only one. This illustration shows VCF folded once and held over the middle finger by thumb and first finger prior to being pushed in with the middle finger.

Ideal position of VCF. It is most important that the fingers are completely dry before touching VCF. The insertion movement should be swift to avoid VCF sticking to the finger. Some practice may be necessary first without VCF to find the position of the cervix and then with VCF to gain confidence in your ability to place it deep into the vagina.

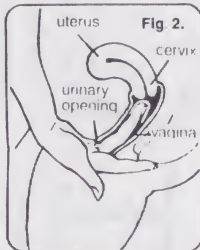


Fig. 2.

What is VCF[®] Vaginal Contraceptive Film?

VCF Vaginal Contraceptive Film, "The Film," consists of a thin square of a translucent material containing the active ingredient nonoxynol-9. Nonoxynol-9 was reviewed by the FDA's Advisory Panel on OTC Contraceptives and found to be a safe and effective spermicide. The Film is to be placed high in the vaginal canal not less than 15 minutes prior to intercourse. When inserted, it begins to dissolve in the normal vaginal fluids and becomes a tenacious gel, dispersing into the folds of the vagina and into the cervical

canal. Sperm coming into contact with the gel are rendered inactive.

Has VCF Been Extensively Tested?

Yes. VCF is a safe and effective method of birth control. Its film formulation has been the subject of numerous studies conducted worldwide. When used as directed, VCF provides reliable protection against pregnancy. The effectiveness of VCF is comparable to other spermicides.

Effectiveness studies show the Film to be a safe and effective contraceptive when used consistently and according to the instructions provided. If your doctor has told you that you should not become pregnant, or if you desire as much protection as possible, you should consult with your doctor Family Planning clinic for the contraceptive method that best meets your needs. Reports of several studies have been published in various scientific journals and a bibliographic reference has been compiled by the National Library of Medicine.

HOW TO CREATE LATEX BARRIERS FOR ORAL SEX USING LOVE AND CONDOMS

LATEX BARRIERS

are six-inch square pieces of latex also known as a dental dams



1. An alternative is to use plastic wrap cut to fit your needs

GLOVES

are made of latex and come in different sizes



1. Cut the 4 fingers off the glove and do not cut off the thumb
2. Cut the glove on the seam along the pinky



3. Rinse the talcum off. Now you have a latex barrier. You can stick your tongue in the thumb area for oral/anal sex — it makes it easier on your tongue!

CONDOMS

are made of latex. Do not use lambskin condoms. Ribbed textured condoms tend to tear easily



1. Unroll an unlubed condom and cut off the tip, then cut up along one side



2. Unfold and place lube on the side that goes on her cunt

LUV YOUR LUBE

Use water-based, lube such as Astroglide, Probe, WET, K-Y. All oil-based lubricants break down latex including plastic wrap. Lubricants with nonoxynol-9 when used with a latex barrier, gloves and/or condoms, are effective against transmission of HIV, herpes and other STDs. You can test your sensitivity to latex, plastic wrap or lube by placing a condom, gloved finger, or fingerful of lube inside your own vagina. If your body shows signs of irritation by the above ask your health care provider or local clinic for alternatives.

REMEMBER when going down on your girl, put LUBE on one side of the barrier, TONGUE on the other. Use a new latex barrier each time you have oral sex with her ass or vagina. Then throw it away.

ENEMIES OF LATEX

Do not use :	animal fats
Vaseline®	whipping cream
Crisco®	chocolate sauce
hand lotion	peanut butter
mineral oil	liqueurs
baby oil	massage oil
vegetable oil	oil based perfumes
olive oil	
butter	suntan oil

MORE SAFER SEX

slow, drop-by-drop hot wax
non-genital rubbing
nipple, breast play
whipping/flogging
erotic storytelling
cross dressing
masturbation
role-playing
talking dirty
dressing up
fantasizing
phone sex
voyeurism
cuddling
bondage
nibbling
hugging
stroking
kissing

addition to a condom. You just insert the sheet into the cervix. You have to wait 15 minutes before intercourse. It's nice that it gives you added protection and you don't even know it's there.

Q: But it is not a STD transmission preventer?

A: Well it has spermicide, but it must be used with a condom. It is extra protection.

Lubricant. This is Pre-pair Personal Lubricant, but you can use KY Jelly. Make sure that the lubricant is water based, because anything oil based will break down a condom (chemically). Anything oil based- forget it.

Dental Dams. A dental damn is a small square piece of latex, they are kind of hard to get because they are really used for dental surgery, and the dental industry hasn't caught on that they are being used for oral sex. As an alternative you can use Saran wrap, but not the microwave kind. Dental dams should be used for oral sex. I think that oral sex is the hardest thing for people to practice safer sex. Condom's are now widely distributed and used but safer oral sex is not being discussed. And you can get HIV from oral sex.

Q: Do you discuss other methods of birth control?

A: Yes, we do talk about IUD's, birth control pills, etc., but for safer sex programs we concentrate on condoms, dental dams, gloves. We do have other programs on contraception as a whole. For that program we will bring the sponge, IUD's, the diaphragm, and we pass these things around so people can actual touch them. Some people have never seen or touched these things, and they may be scared to go and buy or use these forms of contraception. Participation is essential during our workshops.

Q: Is nonoxynol 9 safe as far as causing vaginal or penial infections or rashes.

A: I do know people who have had allergic reactions to nonoxynol 9

Q: Are there other options open to them?

A: As far as pregnancy there are other methods of contraception available, but as far as STD prevention, a condom and dental dam should still be used. I should really look into this some more.

Q: What about smoking and the Pill?

A: You shouldn't. It says right on the prescription. Also when you decide to go on the pill, you have to go for a gynecological exam, and the nurse-practitioner will ask you if you smoke, and will tell you not to go on the pill if you do. But you can lie to get the prescription.

Also even when in a relationship you should remain careful. It all comes down to trust and communication. Often in a long term heterosexual relationship there is a tendency to move away from condoms to the pill or another form of contraception, but let's face it, people cheat, they aren't tested ...

Q: Are college students pro-condom?

A: Yes. Over the two years that I have been a sexual health advocate, almost everyone knows how to use a condom, but not everyone knows about a dental dam. But some people just refuse to use condoms. And that is just dumb and scary. That one person can have that much control over another person so they can say "No I don't want to protect you". It is tantamount to saying "I don't care about you." It's crazy. But more people are using condoms. People tend to use condoms for the first month of a relationship and then they will stop.

Q: How do you feel about the rhythm method?

A: We are against both the rhythm method and

Mouth, Lips, Tongue

ORAL SEX

is licking, sucking, eating out, and going down on your partner's cunt, labia, vagina or ass (rimming). Safer sex means keeping her fluids (vaginal juices, blood including menstrual blood, breast milk) away from your mouth by using a latex or plastic wrap barrier.



You can still feel the heat

You can watch, look at, and smell her

The only thing you're giving up is the taste

Place a tube
on her cunt
or ass.
Place
piece
of latex or
plastic wrap
on the area
you want
to lick,
view,
touch,
and feel.

KISSING

on the lips and/or inside the mouth is considered safer sex. Be aware that HIV can be transmitted through open blisters, cold sores/oral herpes, deep cuts and scratches in your mouths – including bleeding after brushing or flossing your teeth.



Reasons

to be

obedient

STDs and HIV can thrive in our vaginal juices, blood, including menstrual blood, breast milk, and can be transmitted between two women having unprotected oral sex. HIV and STDs can be transmitted to the blood stream via common cuts and sores in the mouth, hands, vagina, and ass.

Water Sports

URINE

You can enjoy golden showers externally on unbroken skin, with a low risk of HIV transmission, although there are other possibilities of bacterial infection. Keep piss away from your eyes, and open cuts or sores on your body.

ENEMAS/DOUCHES

If you use an enema and/or douche in your sex play, be sure to use disposable nozzles and lubricants, your own bag, and latex gloves. Dispose of all expelled liquids. Disinfect after spills. Spiking with drinking alcohol, chemicals or other additives, is dangerous to the rectum.

Welts &

Open wounds such as burns, welts, and blisters can be easily infected and are a viable means for transmitting HIV and other STDs. Wear latex gloves and be sure to clean your canes, crops, whips etc. See section on Sex Toys for cleaning. To avoid unwanted burns or blisters from hot wax play, use inexpensive plumber's candles made of paraffin, which generally burns at a lower temperature. Do not use beeswax candles as they melt at a very high temperature.

Blisters

From the GMHC pamphlet **Safer Sex for Lesbians**. Written and Designed by Cynthia Madasky and Julie Tolentinowood

menstrual Blood

To avoid contact with menstrual blood, you can use gloves for hand, fist, and finger penetration, and latex or plastic wrap barriers for oral sex, or condoms for penetration with sex toys. There may be HIV in menstrual blood and both partners are vulnerable to HIV transmission and other STDs.

Reasons HIV has been found in menstrual blood and can be transmitted through open sores, wounds, and abrasions. It is important when having sex with women, to prevent the exchange of blood between one another.

withdraw. Especially withdraw. Look pre-ejaculatory fluids contains up to 500,000 sperm.

Q: What about the rhythm method as far as timing the cycle and checking the mucous?

A: Oh natural family planning. We talked about this in class. It's dangerous because a woman's cycle can change due to stress, health, many reasons, so it is not 100% reliable no matter how careful you are. Also it is mainly used in the reverse situation, when you want to get pregnant. As a form of birth control I wouldn't recommend it. It seems safer and less of a hassle to use condoms or the pill.

Q: Can you tell me about the morning after pill?

A: Well I don't know that much about it. It is equivalent to double the dosage of a normal birth control pill. You can get it at the Rutgers health Centers, I don't know if it is costly or not. However I am scared that people will use it as a form of contraception, and not use condoms. And the Morning after pill is not 100% effective. It is a good thing to have available because a condom can break or, God forbid, someone may be raped.

Q: Anything else you'd like to add?

A: Being a sexual health advocate and working with HIV positive people I know exactly that this is what I want to do in the future. I just want to do something that helps people. I think sexual health is so important and it is one of the hardest things to change. It is a real challenge. I love being there for my friends, I can get free condoms, and am always giving them out. Friends will also ask about contraception and what to do in certain situations and I love being able to help them. I just have a real passion for getting involved in health education.

i have sex. with boys. labels are applied to me. i am judged. listen to these remarks, both said and written about me:

"vique slag of brighton" written on the wall outside the 1 in 12 club in Bradford, england.

"they had lots of problems with the fact that you date so many boys and they thought it was just not straight-edge." some kid being spoken to on a train in the middle of belgium.

"i wouldn't be surprised if she tried to get off with you too" one of the people on the train in belgium.

"sleeping with other people's boyfriends sucks. casual sex sucks" helene keller - subjugation records.

this is appalling. i am not prepared to put up with random kids discussing my sex life. it is none of their business.

for too long women's sexuality has been denied. constrained. controlled. first it was the chastity belt. now it is words. the latter is as strong as the former. throughout time guilt, from both religious and moral schools, has been used to control and constrain women. both in and out of marriage. both in and out of relationships. both in and out of bed. i will not be controlled.

when you label me you attempt to control me. in calling me a slag you are blatantly attempting to shame me into behaving "appropriately". these behaviours include abstaining from sex until married, unless of course my [male] partner "needs" it too much. but i should still be a virgin. always. i should not have sexual desires. i should not have a sexual drive. i should not masturbate. and i certainly should not fuck.

you try to control my sexuality through far more complex, subtle routes. you don't use the religious arguments and crusades for they seem outdated. you use moral ones. intellectual ones. practical ones. any means possible to control me. all are futile. for there is nothing wrong with my sexual behaviour as long as i am considering others feelings and practising safe sex. there are no valid criticisms.

and even when others are taken into consideration [as in the 'sleeping with other peoples's boyfriend' quote from helene subjugation] you are still wrong to blame me. firstly i am not responsible for another's behaviour. as long as i am not the one betraying a partner in a monogamous relationship then i am not at fault. his behaviour is not my responsibility. 'oh but it must be' the person replies. i must have led him astray or seduced him [what the fuck does the word 'seduce' mean anyway?]. and if it isn't my fault then it has to be hers? she probably didn't put out enough or something. it is either my fault for being a "slut" and hers for being "frigid". not possibly his or anything, huh? you will blame either the mistress or the girlfriend - it has to be the fault of one of the women involved. it is just as wrong to blame the girlfriend for being one way as it is to blame the mistress for being another. both are equally invalid. every person is responsible for their own behaviour. remember that.

so why does casual sex suck? give me one good reason. the only one offered is regarding sense gratification. yeah, and... our whole lives revolve around sense gratification. are you going to stop eating food that tastes nice? are you going to stop listening to music that sounds nice? are you going to stop observing pictures that look nice? are you going to stop sniffing flowers that smell nice? so why should you stop touching people that feel nice? or being felt because it feels nice? are taste, smell, sight and hearing morally ok, but touch is not? since when are some senses better than others? they are all sense gratification. simply because of the associations that have been passed down to us in this fucked up western culture of ours do we place all of these stupid constraints on touch. [and on a separate note if "we are not this body" anyway, then why can't we just fuck all the time...]

on the same level of senses all being similar and none better than the other, the whole issue of the physical self can be examined. there are various aspects to the person. physical is just one. there is also spiritual, intellectual and emotional. we have relationships on all levels. we have interactions on all levels. not one is superior than the other.

the whole "but you are using someone if you have casual sex" has been thrown at me so many times. yeah, and... you use people on a daily basis and on many levels. if i have a conversation with some kid and they talk about something they have read all about and teaches me and intellectually stimulates me a massive amount, then i will have gained something from them. and if i have given them nothing in return, then surely i have used them? i have used them on an intellectual level. the same could be said if i take emotional support from some other kid at any given time. i am 'using' them.

a dictionary definition involves me going downstairs and i really cannot be bothered to move. so i will say that from memory to 'use' someone involves taking something from them for personal gain without doing anything for them in return. now, perhaps i am wrong, but from my experience sex isn't about one kid lying back and taking pleasure whilst the other works their butt off to give it. sex is a two way thing - with a large part of the pleasure derived from giving your partner pleasure and orgasms. that is not use - you are not using someone else's body to get an orgasm like you would use a pair of scissors to cut a piece of paper. you are giving the person back something. [not that i don't treat my scissors good, but there is only so much pleasure you can give a pair of scissors...]

getting back to the point of the day... i cannot see that you can claim which is better to be close to someone if comparing [for example] emotional closeness and spiritual closeness. how can one be better than the other? why is one better than the other? and in the same way physical closeness. physical intimacy. for my part a relationship is better when several levels are present - ie i am having sex with someone i find intellectually stimulating. but in a different way i am stubborn to learn things from someone i am emotionally dependent on. sometimes you have to separate things and be emotionally dependent on one person, whilst turning to others to meet other needs. and meeting the needs of others in different ways.

in some ways i find it easier, or become closer to quicker, in terms of spiritually or emotionally, someone i am physically close to. that covers whether i am in the same room as them rather than three thousand miles away, whether hugging them, whether sleeping curled up in bed together, or whether they are naked next to me. i find it easier to relate to someone if i am physically close to them. and who is to say that it is better to become emotionally close to a partner before becoming physically intimate? or better to become physically intimate before becoming emotionally attached? or running concurrently? i run concurrently i guess. but i would not judge another for choosing a different path. neither should you.

it is not about labelling and defining a woman's sexuality. and i think you know that. you know that the words slut and tramp and whore and slag and hussey are taboo. you don't use them because they are not PC. yet you continue to discuss women's behaviour. you continue to derogatorize me in exactly the same way, only not using those terms directly. it isn't enough not to just not call me a slut. you have to not believe that i am a slut. you have to destroy that value system that taught you that any woman who wants to/enjoys/has sex is a slag. you are wrong for thinking it. and for saying it in disguised terms.

i am not going to be controlled by you. and looking at this in terms of hardcore, i will not be controlled twice as stringently. not only do i have all of the western culture's morality to deal with. i also have the 'if a girl is into hardcore it is just to go out with cute boys' bullshit to disprove. for real women in hardcore are still constantly forced into validating and proving themselves. and you need to see that women in hardcore do not need to be celibate to prove that we are not just here to get play. i mean, if that was why i have been straight-edge for four years, then it would be pretty silly really. there are not that many cute boys worth staying around for in hardcore - i would have gone elsewhere after a while that's for sure.

you need to see that my female friends and i will go out with boys in hardcore. that is a fact. and there is absolutely nothing wrong with that. and you will not judge me for it. i do not need you to police my sexual behaviour [is your sex life so unfulfilled that you must gossip about mine? i wonder]. i will be celibate if i want to be. i will be 'promiscuous' if i want to be. it is none of your business WHAT i do. none. keep your attempts to control me to yourself. keep your prejudices to yourself. keep your expectations to yourself. keep your judgements to yourself. or, better still, don't have any.



I really don't think that hardcore needs anymore 20 year old cynics. Please go to a barber shop or something and complain and snicker there. Is it so fun being mature and knowing everything? If you really cared you'd be depressed.



270

VANS

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FORD 1987 VAN - 6 cyl, auto, E150, exc cond 114K. \$4,000

Even More Self-indulgent Whining

On August 5th I will embark on a cross country trip. The trip will take around 4 weeks and include 20 or so cities. Most likely this trip will cost me very little money. It will be great time, I will see a ton of shows and meet all sorts of new people. And what did I do to deserve all this? In actuality nothing, except happen to be in the right situation at the right time; that being unemployed and close to a band. And it doesn't quite seem so fulfilling when I look at it that way.

I guess you probably figured out that I am going to be a roadie. For Lifetime, one of my favorite bands, and one that includes friends and roommates. They are the ones who worked hard, who made the music and the records and the contacts that will enable us to tour and enable them to draw people so they can get paid and the tour can continue. No one's showing up to see me. Well maybe one or two people.

And its not like I won't be earning my keep. I'll be driving the van and loading the equipment and selling the merchandise, everything but playing I guess. But that's not curing my emptiness or making me feel vital. I mean lots of people could do it; hell, I wasn't even the first choice for the job. Maybe I should just shut up, I mean how many people get this lucky?

Thanks to Lifetime for giving me this opportunity. Maybe someday I'll be able to do it on my own. Hope to see you on tour.

ext. 2 yr. or 15K mi. warrty exc cond. \$6700 B/O. (908) 248-881

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Friday, October 16th

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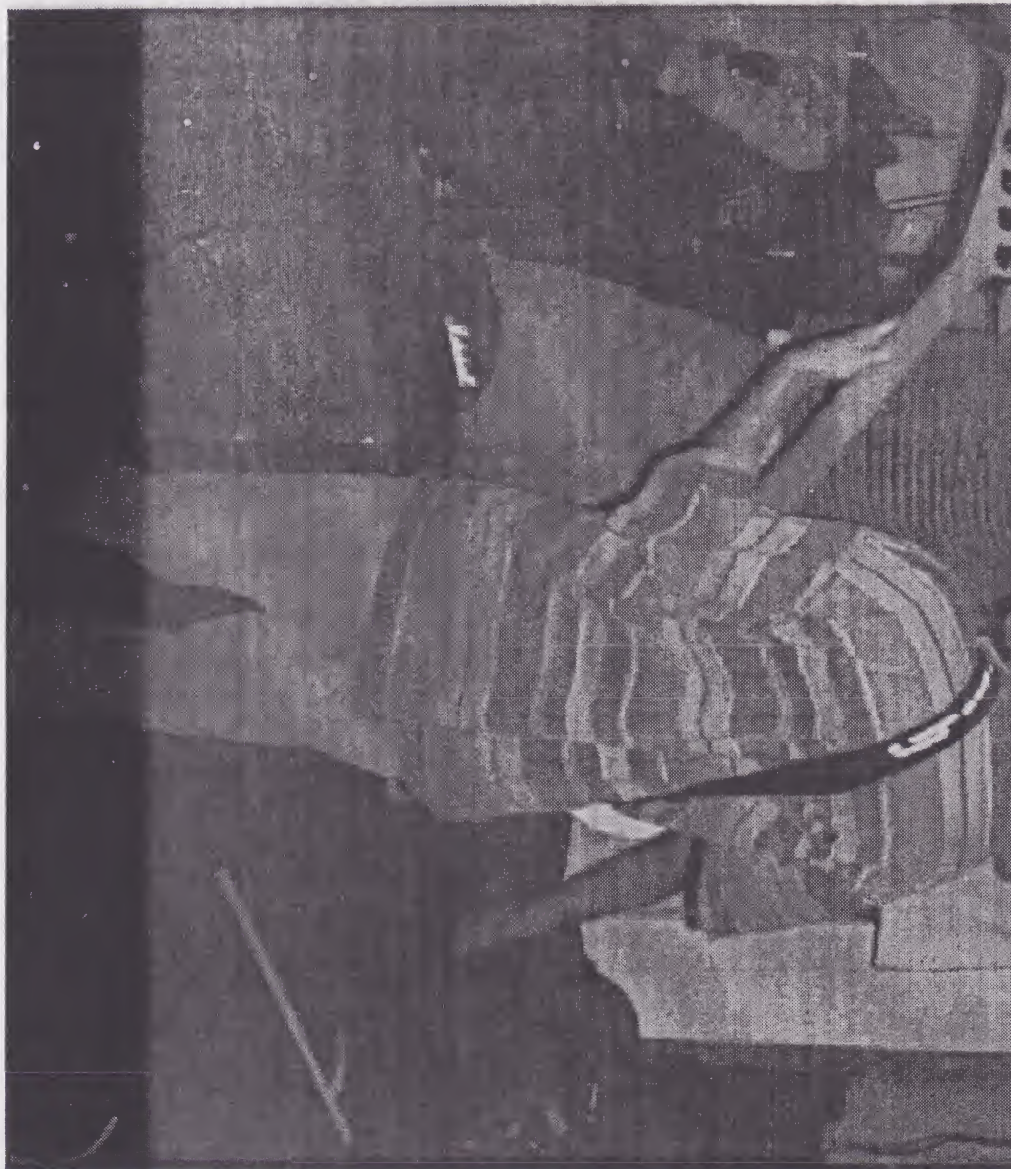
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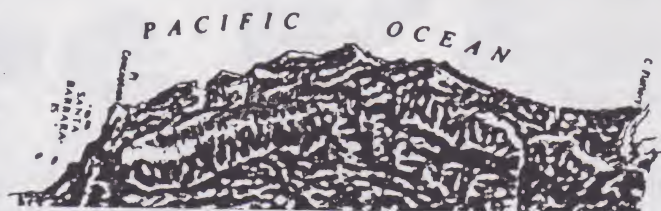
Saturday January 8th, 1994 5:00 pm

86



Quick Sand SURGERY lifetime
334 South Street 8:00





Lifetime Summer Tour 1994

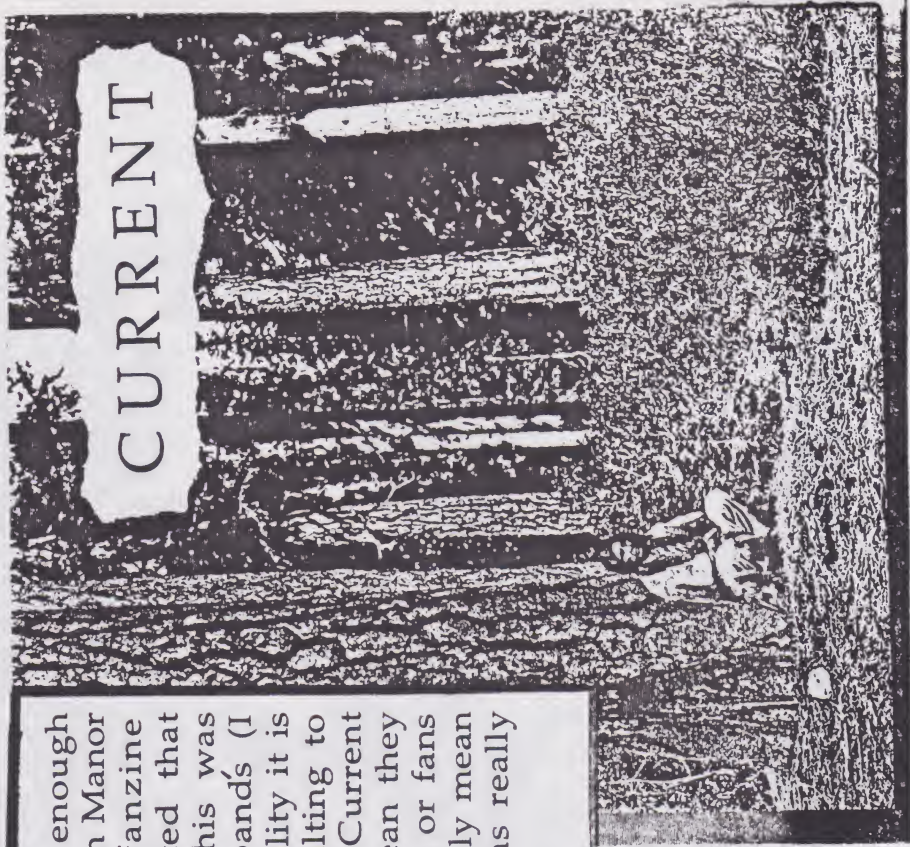
August 5th	Buffalo, NY	w/Snapcase	Marquee
August 6th	Columbus, OH	w/Snapcase	Staches
August 7th	St. Louis, MO	w/Earth Crisis	Bastilles
		Strife, Downset	
		Snapcase	
August 8th	Kansas City, MO	w/EC, Strife, Snapcase, Downset	Blue Tile Lounge
August 9th	Colorado Springs, CO		?
August 10th	Off		
August 11th	Los Angeles, CA	w/Snapcase	Makando
August 12th	Fullerton, CA	w/snapcase	Icehouse
August 13th	Berkley, CA	w/Indian Summer	Gilman Street
		Jara, Snapcase	
August 14th	Salt Lake City, UT		?
August 15th	Off		
August 16th	Rapid City, SD	w/Snapcase	Talk to Nate
August 17th	Mankato, MN	w/Snapcase	Marty's
August 18th	Madison, WI		
August 19th	Chicago, IL	w/Snapcase	Riveria Theatre
August 20th	Indianapolis, IN	w/Snapcase	Sitcom
August 21st	Detroit, MI		Grounds
August 22nd	Memphis, TN	w/Snapcase	Antenna
August 23rd	Atlanta, GA		Somber Reptile
August 24th	Melbourne, FL		Brothel Skate Park
August 25th	Pampona Beach, FL	w/Sam Black Church	Cell Block
August 26th	Tampa, FL		Stone Lodge
August 27th	?Columbia, SC?		
August 28th	Norfolk, VA		Kings Head Inn
August 29th	?Washington DC?		
August 30th	Connecticut	w/Mouthpiece	Studio 158
August 31st	Long Island, NY	w/Garden Variety	Underground Network



It all comes from not thinking enough about my actions. Hence this apology. In Manor Farm #3 I included a joke fanzine advertisement. Within this ad I stated that Current lyrics "don't mean shit". This was meant as a joke, poking fun of the bands (I think) rather enigmatic lyrics. But in reality it is not very funny at all and is very insulting to both Matt and Current. Just because Current lyrics don't move me that does not mean they are not important to Matt, or the band, or fans of the band; on the contrary they probably mean a whole lot to him (and others). It was really wrong to say that. I am sorry.

CURRENT

Could I Kicking at all that
feet are tired of wearing you
opens in light of a different
Silvered Lead I decorate it
missing an important part. I
Badge of Courage. When you
seem to turn and sink. With
view. Unconsciously keeping
In the case, may have to me
speak. I can tell you how I
think - I'm scared for him
be okay but the bridge and it
Come Down I must have
on a hill and this is mine
turned the other way. Said
shadows for everyone
Left at the Right. I was the
blissing - losing - green
me. Traipse my path off then
even though I was the last one
carried me away I didn't
run with them I promise to
When it comes around - when
down - you are sound.






#1

By now just one question remains, did they know what they would unleash upon the scene when they recorded in 1989. That the album that emerged would change the face of hardcore forever. From the opening barrage of horns to the closing "... have all the luck", *Start Today* remains the hardcore record, six years after its initial release. How many thousands of straight-edge kids have memorized its lyrics, how many bands have been inspired by it, and just how many mattress dives in look a like housing developments from Connecticut to California has it launched? Its 12 bursts of adolescent angst remain the bell-weather against which all other hardcore records since have been judged; "it's good, but its no *Start Today*".

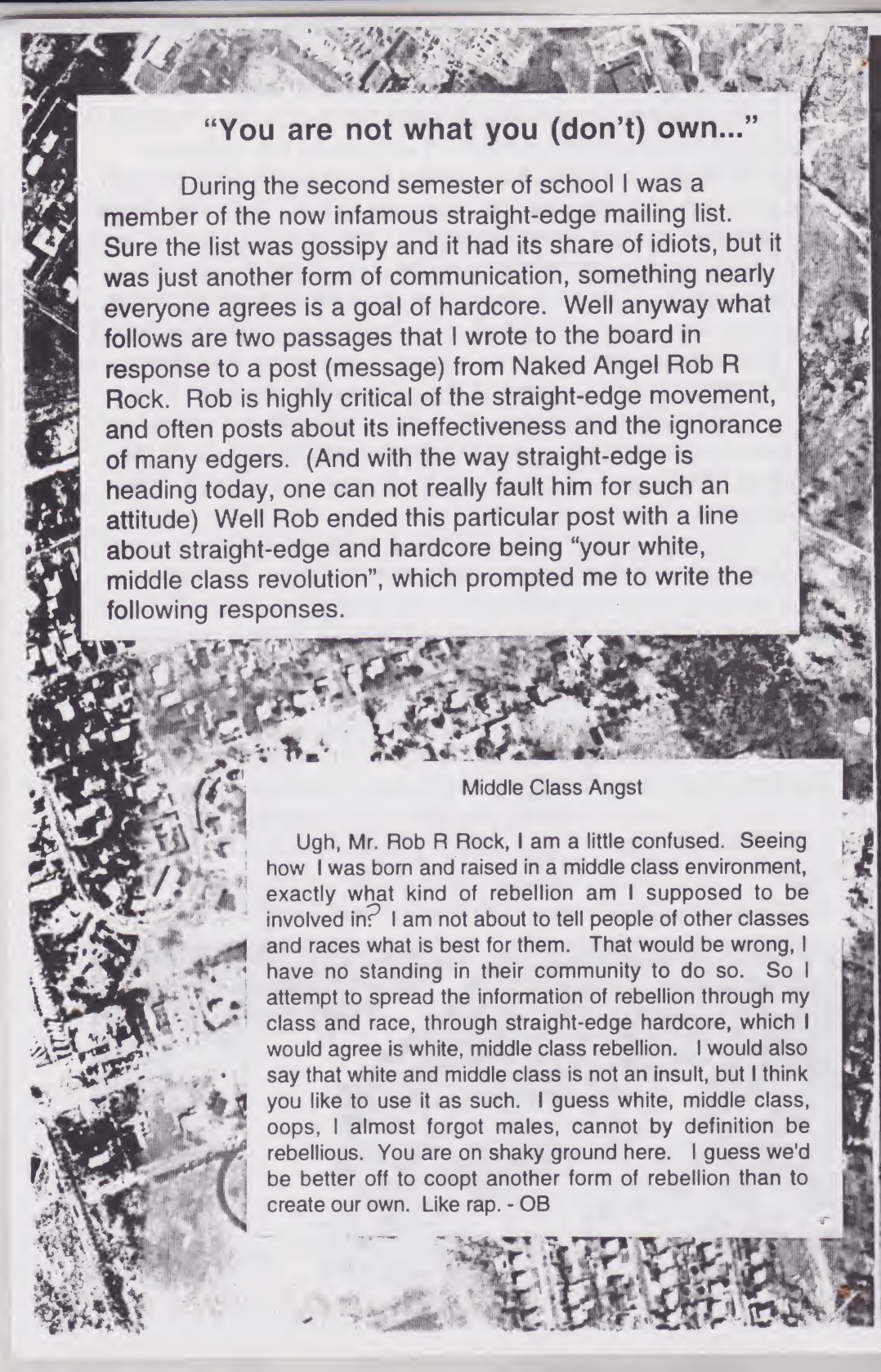
The album marks several turning points in hardcore and the musical careers of the Gorilla Biscuits themselves. It is

(arguably) the last youth Crew record, the funeral dirge for the bleached crew cut and big Nike zeitgeist that began with Youth of Today and Crippled Youth in 1986. It also marks the hardcore zenith of Walter Schreifels, the Queens based guitar/bass virtuoso who played in 100 plus one NYC hardcore bands. After the album was released Walter started Quicksand (nee Moondog) and moved on to critical acclaim in mainstream metal magazines if not commercial success. But within the scene *Start Today* is still his most acclaimed work, and a begging to be bootlegged recording session with Walter on vocals is the holy grail of tape traders. Vocalist Tony "Civ" Civarelli never seemed to get over the break-up of the band. Now working as tattoo artist in NYC he is often rumored to be "starting the band up again", usually in cahoots with ex-edger and final GB drummer, Sammy. As for the rest of the band; who knows?

As great as its initial release was, it was its Cd version that assured *Start Today* of its place in hardcore history. The Cd revamped the record by adding six extra tracks, four placed after a 5 minute "interlude of silence", and also tacked on "the interview", an enigmatic recording of Gorilla Biscuits discussing where to book a show in Bethlehem, Pennsylvania. The 99 track Cd is the jewel of the legendary Revelation Record's catalog.

If you were ever a hardcore kid then chances are you can still remember where and when you bought the album, where you first heard it, and how it made you feel. Hey just play it one more time and enjoy again the pop culture phenomena that is *Start Today*... "What do you mean it's time ... time for me to grow up... I don't want any part It's right to follow my heart." 



An aerial photograph of a city grid, showing streets, buildings, and parks. The image is in black and white and serves as a background for the text.

"You are not what you (don't) own..."

During the second semester of school I was a member of the now infamous straight-edge mailing list. Sure the list was gossipy and it had its share of idiots, but it was just another form of communication, something nearly everyone agrees is a goal of hardcore. Well anyway what follows are two passages that I wrote to the board in response to a post (message) from Naked Angel Rob R Rock. Rob is highly critical of the straight-edge movement, and often posts about its ineffectiveness and the ignorance of many edgers. (And with the way straight-edge is heading today, one can not really fault him for such an attitude) Well Rob ended this particular post with a line about straight-edge and hardcore being "your white, middle class revolution", which prompted me to write the following responses.

Middle Class Angst

Ugh, Mr. Rob R Rock, I am a little confused. Seeing how I was born and raised in a middle class environment, exactly what kind of rebellion am I supposed to be involved in? I am not about to tell people of other classes and races what is best for them. That would be wrong, I have no standing in their community to do so. So I attempt to spread the information of rebellion through my class and race, through straight-edge hardcore, which I would agree is white, middle class rebellion. I would also say that white and middle class is not an insult, but I think you like to use it as such. I guess white, middle class, oops, I almost forgot males, cannot by definition be rebellious. You are on shaky ground here. I guess we'd be better off to coopt another form of rebellion than to create our own. Like rap. - OB



The next day I wrote this:



Apologies and Clarifications

I guess some things are better not said, or at least said only after some contemplation. Like my last post. My remark concerning Rob R Rock's foray into rap was incorrect and totally uncalled for, and I would like to apologize to Rob for making it.

Now onto the clarifications. Just because something was developed by one culture (or sub-culture) or another has no bearing on who can participate in it. No restrictions should apply, ever. I enjoy Chinese food, Middle Eastern food, rap music, and millions of other things that white middle class people did not create. I would hope that everyone would look outside their own little worlds and experience what the world has to offer. That breeds understanding, and leads to breaking down these barriers between peoples. It hopefully goes without saying, but I will say it anyway, that anyone who wants to should participate in hardcore. (And fortunately I, nor anyone else, don't have any type of power to make those exclusionary decisions anyway) I also realize that I do hold a privileged position in this society. I also think that it is my responsibility to change this, by attempting to influence other people of my class/race to change their thinking in regards to sexism, racism, homophobia, meat-eating, etc. Because if the "power" group does not change, then change will only come bloodily, and I do not wish for that to happen.

Trying to make up for past mistakes,



10M

\$1 to go to this fund?	Yes	No	Note: Checking "Yes" will not change your tax or reduce your refund.
Does your spouse want \$1 to go to this fund?	Yes	No	

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Having put forth my feelings on this issue I would now like to segway into what is sometimes called "slumming" but might be better termed dressing down, a subject that has been brought up by MRR among others. Dressing Down may not be the better term either because so many people involved in this pattern are really just playing dress up. The "PC" wing of straight-edge, the ones who shun the label, but with a disdain for drugs just as great as any kid with an X on his or her hand, are some of the primary perpetrators. They dress in thrift store duds, not because they have to, but because they want to, dare I say it because it is fashionable to do it. These same kids go on and on about people in fresh Stussy gear and Blind pants and long sleeve T-shirts but they are in active pursuit of gas station jackets and work-shirts and T-shirts that say Joe's Janitorial Service or something like that. Fashion is fashion just the same and you damn well better believe I play at the game too.

For some kids it stops there. The thrift store clothes are hung in closets in Westfield and Hillsborough and Medford. But some people take it a step further, and actually become poor. They move out of their parent's home and into some of the seedier neighborhoods around, work shit jobs, and eat rice and beans everyday. And somehow they think they have beaten their background, that they now know what its like to be poor in America. Like somehow living on \$500 or less a month has eliminated their educations (received in quality schools), changed their speech patterns, and changed their values too. Guess what? These people are middle-class to everyone but the IRS. Please compare the DIY ethic to the protestant work ethic. How different are they?

Look some things are beyond my control. I am not a

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irement plan and self-employed SEP deduction	27			
early withdrawal of savings	28			
d. Recipient's SSN	29			
24a through 29. These are your total adjustments			30	
30 from line 23. This is your adjusted gross income. If this amount is less than of a child lived with you, see page EIC-1 to find out if you can claim the "Earned edit" on line 56			31	7,921

victim. I have a Mom and a Dad who love me, even though they don't love one another. There was always food on the table when I was growing up, and I had some nice toys to boot. I accept the label of white-middle class, insult or not, because it is the truth. Maybe that negates me from being a rebel. Whatever. I am following my heart. I am trying to change things. And I'll start from whence I came.

OB

Note: Rob made it known to me later that he does not believe that white, middle class, is an insult.

I still believe very strongly in the things I wrote preceding this. However I have been challenged once again, this time by a piece in Not Even Fanzine by Ani of Manumission. Ani put forth the ideas that hardcore is culturally white centered (which I agree with) and that it is destined to fail as rebellion because of this fact. Basically you can't say it's all about a revolution by and for the people and have a whole lot of people under and unrepresented on your side. Ani stated that he just can't relate to some hardcore music. He cited "Guilty of Being White" by Minor Threat, and "Privilege" by Downcast as two examples. That makes perfect sense, being that these songs are written from a white male perspective. But does that devalue them, that not everyone can understand them, and experience the emotion that is the basis for the songs? Should everyone now check themselves before they write a song or in a zine, to make sure that it applies to everyone? I would hope not. Please don't curtail my

B 65 151520 R

2

Chad F. Gandy

SERIES 1988

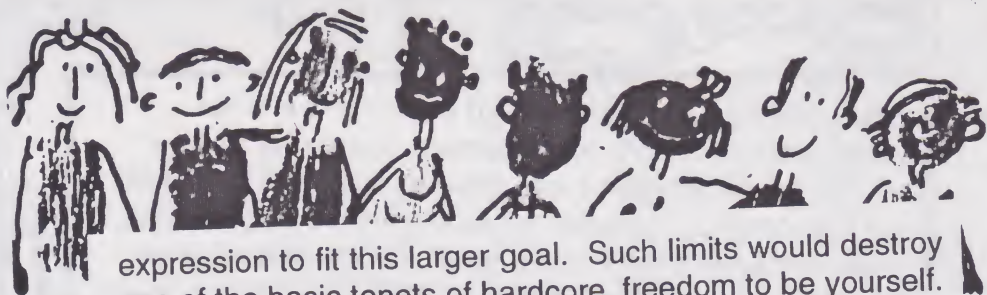
Chad F. Gandy

2

Secretary of the Treasury

ONE DOLLAR

1



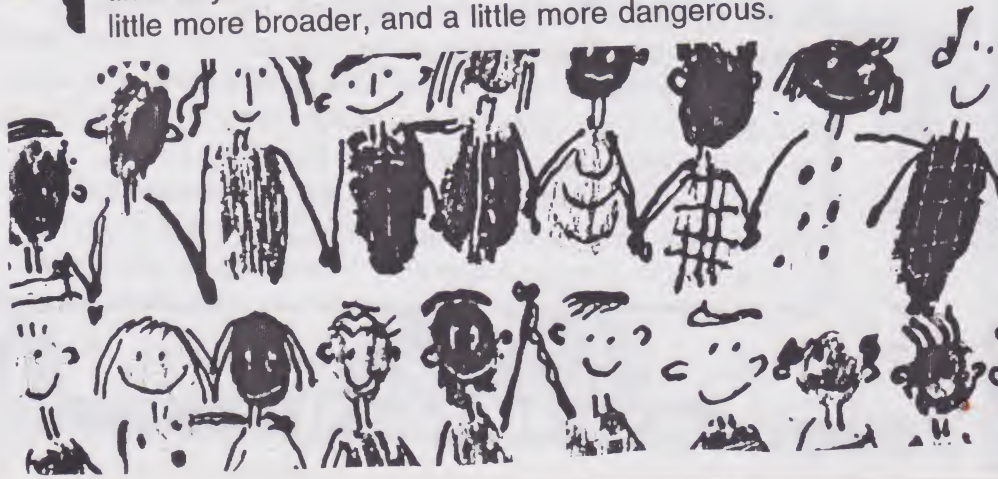
expression to fit this larger goal. Such limits would destroy one of the basic tenets of hardcore, freedom to be yourself.

Is it wrong to have a an exclusive rebellion?

Ultimately yes, especially if you are fighting against a normally exclusive society. However the Black Panthers got a lot of shit done. I don't think any white people were involved in the movement. Then again they didn't get the whole job done, and I doubt hardcore will either.

And why is hardcore so white? I really don't know. It probably has something to do with culture. Not many city kids are into country music, and not many country kids are into rap. Not many non-white people are into hardcore. Except that there were and are a whole lot of non white males involved. (It might be safe to say no Bad Brains, no hardcore). The door seems to always have been open and remains so, maybe it's just that people didn't like what they saw and felt. Should we change that by dragging people into the scene, or effectively changing the scene so everyone feels comfortable? Cultural preservation only for the oppressed, cultural and counter cultural decimation for the privileged? I don't have any answers.

I don't want Ani to leave, I don't want anyone to leave. I want all kinds of people to join. Because every time anyone does hardcore gets a little less exclusive, a little more broader, and a little more dangerous.





I saw a wedding party being photographed today. It was all weird and staged and also really small, as in the amount of people involved. I guess weddings just aren't that important these days. I think divorce has devalued them. There's just too much cynicism floating about to allow for a proper celebration, especially when "to death do us part" has come to mean around five years in half the cases.

I am amazed when people in college tell me, "yeah I am getting married one day", as if it was a foregone conclusion that they would find a suitable mate, and that person would feel the same way about them. Marriage for security, marriage to start a family, marriage for any other reason except for love, the strongest love two people can share, is a one way ticket to trouble and hurt. Hey even love does not guarantee a successful marriage, but its a pretty good foundation on which to build. And if marriage was all about love maybe weddings would regain their once celebratory atmosphere, because I think love is pretty deserving of celebration.

But in any case I doubt that I'll ever participate in a wedding, which is, I guess, no great lost. I am simply too selfish to be married. I am incapable of giving up my self-love for another kind. I've tried. But then again I am only 24.

Chokehold

Chokehold are arguably the most popular straight edge band in America, which is quite an accomplishment being that they hail from Halmilton, Ontario, Canada. They are however "More than Straight-edge", a claim that is backed up by their lyrics which run in the political vien. I interviewed Chris before the Chokehold/Bloodlet show in Bordentown, New Jersey on July 24th.

Shittalker: *I guess you should identify yourself.*

Chris: I am Chris and I sing.

ST: *Can you tell me of your experience with the health care system in Canada?*

C: It's really good actually. It is one of the best health care systems in the world. It's paid for. I have always considered moving to the states but I don't want to because of what I have in terms of health care and shit. If you break your arm and go to the hospital, it is paid for. You don't have to worry or anything. It's pretty unique.

ST: *In the debate over national health care here in the states the opponents say you will lose your choice in selection of doctors. How does that work in Canada.*

C: I don't understand, you can't choose your doctors?

ST: *Well if you have certain types of insurance then you can. If you have like an HMO then they give you a list of doctors and hospitals you can go to. If you have no insurance at all then you can go to any doctor you want to but how do you pay for it.*

C: In Canada you can pick any doctor you want. There are 100's of doctors where I live and you can choose whoever. There is not a certain one you must select, you can go to anyone. I have never heard of restricted choice.

ST: *I read a while ago about some problems with maybe Quebec seceding?*

C: I don't know a lot about it but for some reason they wanted to separate and be their own country which doesn't make much sense. they aren't that big, how will they survive on their own? they have always been a part of Canada. I think they believe they have this unique culture that must be separate from the rest. There are French Canadians living in Ontario and all over Canada



Sideboards 3'4" high
all around rink

Penalty box

and to separate from us would be weird; what happens to all these other French Canadians, are they in a different county or what? I don't understand why they are doing it. It does not make much sense because they would never be able to survive on their own.

ST: *Did you ever play in Quebec?*

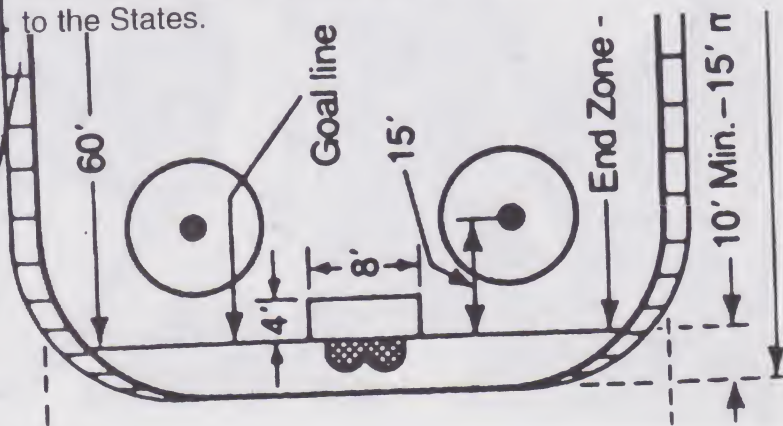
C: No we played in Ottawa which is kind of close, and we've been asked to play there but it is really far. To play one show it is like a 12 hour drive. There is also not much of a scene there so the guy told us we wouldn't get paid that much, which doesn't really matter except that we'd need gas money. I have been there but never played there.

ST: *How come the NHL won't put a franchise in Hamilton?*

C: I don't know. We have a huge arena 22,000 seats, the people would love it. Doesn't make much sense either. We have the facilities and the people would go crazy if it ever happened. Maybe it is because we are so close to Toronto and Buffalo.

ST: *Do you think the NHL keeps shining Canada and puts the new franchises in the states to make more money there?*

C: I never thought about that. I can see it being more marketable in the states. Hockey is really big in Canada but it seems more glamorous in the States, LA and the Mighty Ducks. It seems so glamorous and commercialized. Probably. All the new franchises do go to the States.





ST: *The song about AIDS (Depopulation), what inspired you to write that?*

C: Well I worked with this guy who was into all this weird stuff, and he got this pamphlet in the mail about this guy who thought the government created AIDS. I never gave it much of a thought before I read the pamphlet. Then I read the booklet and was "damn that could have really happened". It is a definite possibility. So I just got more and more information on the subject. It was mindboggling it could just be so true. The song is not saying that that it is true, just that there was a possibility of it happening. The government can do whatever it wants to.

ST: *Which government?*

C: The US government in this case, but any government can cover up the biggest things. The JFK assassination, aliens, anything. Also the people who wrote this document concerning the government creating AIDS died mysteriously. It is just something to think about and I don't know if it happened or not, but I would not put it past them. It sounds really sick and demented but that's the kind of world we live in.

DEPOPULATION *this song*

is about the possibility that aids was created by the government to control the population and destroy the so-called undesirables, eg. homosexuals, drug users, etc. Too many questions not enough answers, no explanation for this sudden disaster, I feel, I know I've been conditioned to their lies, the thought of these facts have placed fear into my eyes, a disease created to achieve the new world order, PREDICTED, REQUESTED, and DEPLOYED, think, question it, it's just a thought but the proof is clear, aids was created so we live in fear, abstain from sex in fear of death, killing those that they class moral-less, the population has shrunk the plan has worked, do you wonder why the government has no concern? they've targeted the beliefs they want wrecked, now they sit and watch their fascism take effect.

July 20th
4 o'clock

\$6



Chokehold

Point of View

Hubrubber



SHATTER

AND MORE...

LA MIRAGE
E. STROUDS BLVD. TA
QUAD → 717-588-0546

DOWN BUT NOT OUT

Presents

CHOKEHOLD BLOODLET PHALLACY BACKLASH

A NATION IN TRANSIT

Call Mike @ 609/298-6670
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for more info...

All ages!
No smoke or violence!

July 24th
2:00 PM
\$5

At the Bordentown, NJ
VFW Hall on Park St.



ST: *Do you believe that there are aliens visiting our planet?*

C: Yeah I believe, not everyone in the band believes it but I do. I mean, it's just kind of corny because there is a band from Canada called Grade that writes all these alien songs and stuff and it kinds of gives us a bad name. Because everybody thinks they are so corny because they write songs about aliens being covered up. Anyway they are corny, but my personal belief is I think so. There is too much evidence out there to look it over.

MORE THAN EVER *this song*

is not about how tuff we are or any shit like that, it's about being fed up, it's about fighting back when pushed too far...Untie me I can't be held back anymore, it's building up inside, it's all out war, a shade of red on everything I see, no telling what could happen if you fuck with me, more than ever, it's becoming clear, my hate for you is a fucking obsession, I wish I could look the other way, I have tried so hard to ignore you, but you kept coming back, the time has come to attack, Chorus X 2.

ST: *The song "my hate for you has become an obsession"*

B: (Laughs) Yeah?

ST: *You don't seem like a hateful guy.*

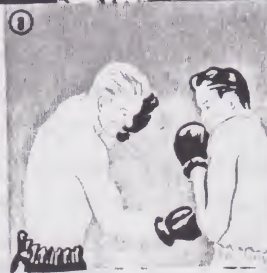
C: That's one of the first songs we ever made, that is just the oldest song ever, it's four years old. It has always been the song that we play at the end of the night, it is a big youth crew thing.

ST: *It doesn't sound too positive.*

C: No. It is just, it wasn't written as a hard-ass, we're tough song. When I wrote it it was because all our friends were coming down on us. They were all in bands in Hamilton, and we did not fit into their clique sort of thing. We were writing about stuff that normal bands didn't write about. We were looking beyond the normal stuff and they were coming down on us for it. Plus we toured and for some reason that made us rock stars. And then on top of that I got jumped like three times in one week and had the living crap beat out of me.

ST: *By?*

C: Gangster kids. This kid who I didn't even know came to my house and broke my nose. A lot of things happened in this week and I wrote the song and I never thought ... I don't know. It is totally not a tough guy song at all. It is just for everyone who gets pissed off. I know it sounds pretty harsh.



ST: *Will you play it today?*

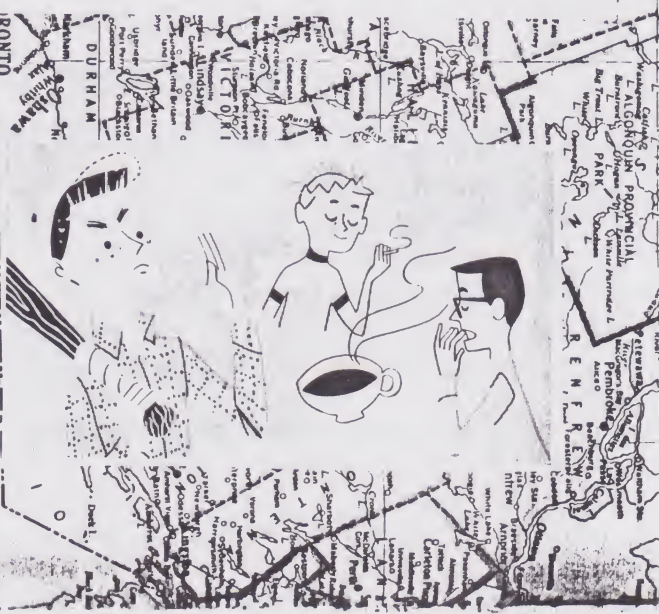
C: I don't know. We only play it when people are like "yeah play More Than Ever" and are going off and stuff like that. Maybe. I don't know.

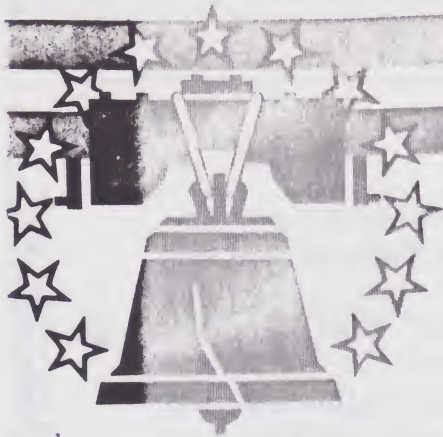
ST: *How did you hook up with Scott Bieben to do the new record on Bloodlink?*

C: We were on Conquer the World and Mike is a good guy and has a big label and all, but he doesn't run it the way we want to. He has huge distribution and runs everything great and all but he is just too big business, which we aren't into. To us, he sells his records for too much money. He sells his LP's for \$8 and we want to sell them for \$5. Which is cool he needs to make his money, but it is not what we wanted. So Scott said he'd do our 7 inch and he runs his label like crazy, he has the same distribution. And, I don't want to separate, but the people that it reaches, the other kind of people, not just the harder straight-edge kids, but the more political side of the scene. And he sells his shit really cheap, \$3 in the mail. Not to put Mike Warden down but Bieben had what we wanted.

ST: *I guess that's it. Thanks a lot.*

C: Thanks.





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U.S. DEPARTMENT OF AGRICULTURE
FOOD COUPONS
VALUE \$7.00

This is an equal opportunity program. If you believe that you have been the victim of discrimination in your efforts to participate in the Food Stamp Program because of your race, color, national origin, age, sex, handicap, religion, or political beliefs, write immediately to: Administrator, Food and Nutrition Service, 3101 Park Center Dr., Alexandria, Va. 22302.

I don't really consider myself an animal rights activist, militant vegetarian/vegan kind of guy. I am more of the live and let other people make their own decisions type. However anyone who does not believe there is a not concerted effort by the government of the United States through the US Department of Agriculture, The Bureau of Land Management, and other agencies to push meat as an essential part of the American diet, despite all evidence to the contrary, is a fool.

\$ MAKE YOUR FOOD DOLLARS COUNT \$
HOW DO YOU FIND THE BEST MEAT BUYS?

For meats your family likes...

- Decide how many meals you can get from a package. The more bone and fat, the fewer servings of *lean* meat.
- Find the cost of meat for a meal:

$$\begin{array}{r} \$1.00 \text{ cost per meal} \\ 2 \text{ meals }) \quad \$2.00 \text{ cost of package} \end{array}$$

COMPARE THE COST PER MEAL FOR DIFFERENT MEATS!

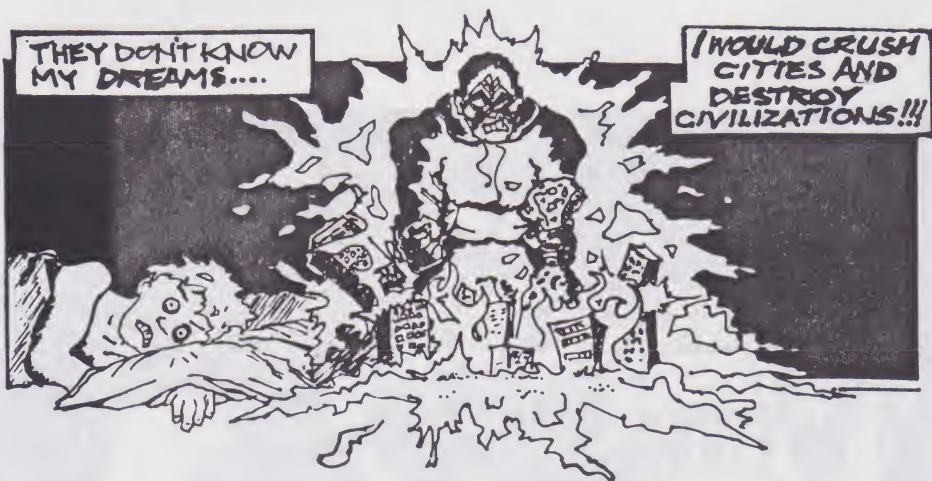
This is the back of the food stamp booklet.

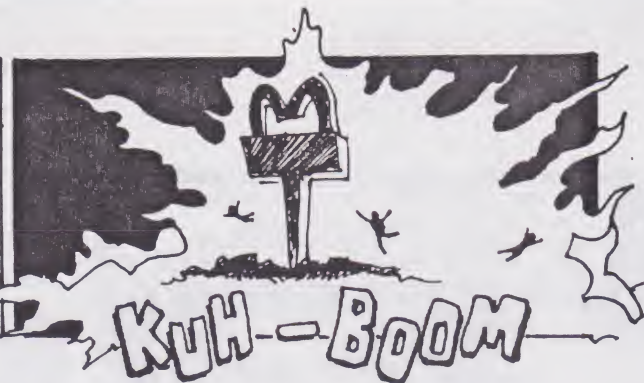
THEY DONT KNOW
MY DREAMS...

V
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HONEY



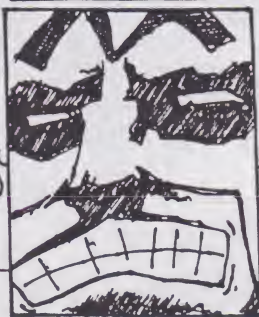




ALL YOU MURDERERS!!!

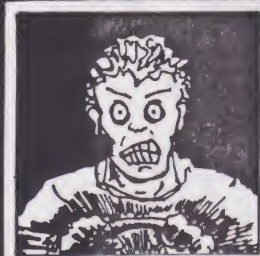


BEHOLD....



THE FIRESTORM!!!

I MUST RETURN TO MY HOME
WORLD OF SEAR-ACCUSE.
THIS VENTURE INTO THE REAL
WORLD HAS DRAINED MY STRENGTH.



THE ATMOSPHERE
HERE IRRITATES MY
EYES...



EXCEPT WHEN I WEAR
MY MASK MADE FROM
ORGANICALLY GROWN
HEMP PLANT.

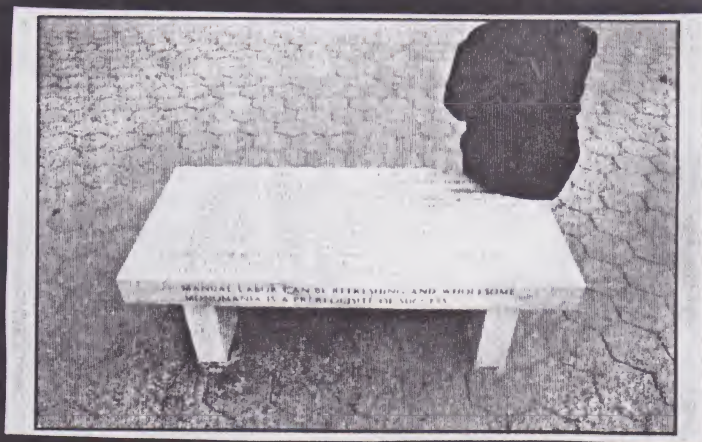


AS I APPROACHED THE COLD ICYNESS OF MY
HOME, DREAMS OF FIRES WARMED MY THOUGHTS.
WITHOUT THIS OBSESSION, I AM CERTAIN WE
WOULD ALL FREEZE.

THE END...

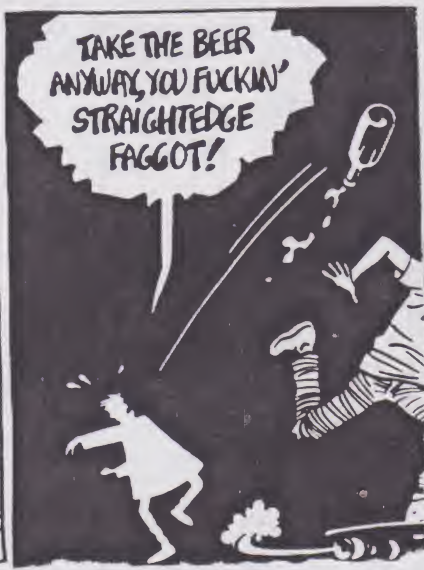
alive I was taught you would forgive
h is laid down
a chance for me

I listened to the Amenity Cd the other day. Towards the end of the disc there is a taped telephone conversation about amongst other things, Amenity's last show. One of the participants, trying to sum up his feelings on the show, finally equated it with the deathbed of his childhood. Perhaps he is lucky in some ways; I know my childhood is gone and I had nothing to mark its passing. No last hurrah, no grand finale, no funeral to mark its passing, it just slipped away little by little, day by day, until one day it was gone. And all the while I was too busy to notice.



Lately everytime I open a zine, read MRR, or put on a Screaching Weasel record, I hear about how hard it was to be a punk, back in their High School days. This is usually followed by a diatribe that the punks, and skins, and edgers, and skaters, the freaks in general, all banded together (Unity!) against those dreaded jocks and in some cases snobby preppies, and now how we just can't get along or, worse yet, everyone turned into a jock or a preppie. And then there will be a slagging of these current pretend-punks because they have it so easy; you can easily find the records, the gigs, everyone is "alternative" these days.

But the best stories are from the High School days themselves; "they called me names", "I was laughed at", "beat up", "threw things at me", "stole my lunch money", the horror stories go on and on. Yep every single one of these punks attended a High School straight out of *Pretty in Pink*, one were the jocks persecuted the punk minority. Sorry but that's not the way I remember it. Sure people made fun of my hair and my clothes and the music I listened to, but everyone was making fun of everyone, I wasn't singled out and I shouted insults right back (or behind someones back anyway). Plus I wouldn't have had it any other way. Being a punk was and is fun. If it wasn't I'd stop being one. I think it's great to have funny colored hair and wear goofy clothes and jump around at shows and say fuck a lot. I was never concerned about what anyone else thought. I'm sorry it was so hard for you, and I am glad that all the persecution you learned first hand can be utilized against these MTV bred, wanna be, psuedo punks invading our blessed scene.



In the spirit of being punk, being old, and remembering stuff, I have compiled this list of memorable shows (for one reason or another) that I attended in the past years. (Warning this is very self indulgent and may cause tremendous boredom to you, the reader. Or it may be fun. I don't know.) Here it is.

Stepping Razor, Deadspot, Majority of One at Pizazz in Philly.

The "Rage" show. For one reason or another the Atlantic City White Power Skins decided to come out to this show. There were like 15 or 20 of these guys there. I am like 17, 130 lbs and scared. Stepping Razor plays first, playing some songs against straight-edge, the government, and racism, specifically white power. So when Deadspot takes the stage and the singer of Stepping Razor gets into the pit, he is jumped by the AC Skins. Everything calms down for a little bit because the guy putting on the show and some security guards break up the fight. (Philly shows were pretty violent to begin with so there were uniformed security guards at most Pizzaz gigs, you were searched with a metal detector, the whole 9 yards). Deadspot gets ready to play the next song, Stepping Razor enters the pit, a fight breaks out instantly, and escalates into a full scale brawl. A security guard, a huge guy, gets on stage announces the show is over, tells everyone they have a minute to get out of the club, and (I swear this is what I saw) pumps a shot gun that he is holding. Needless to say everyone clears the club. But the fighting continues outside. Eventually the Philly kids emerge triumphant. The skins slink away only to emerge minutes later throwing bottles and with a pit bull, but they appear beaten and soon retreat to their cars and leave. (At no time did any cops show up.) I think that this show closed the club to hardcore, and it did inspire Majority of One to write the song "Rage". I was very scared waiting for the bus home.

Bold, Vision, Enuf at Scott Hall, New Brunswick, NJ

Another Nazi skin story. This show was right before the Presidential election and I guess the skins showed up to do some sort of campaigning, because they were handing out flyers which said Dukakis will destroy white America or something assinine like that.

There are a whole lot of people at this show. Enuf has a few words about the inherent stupidity of white power and racism. Between sets a fight between AJ (the singer of Enuf) and a WP Skin breaks out. The fight is quickly broken up, and all of the sudden the whole place is shouting "White Power Sucks" over and over again and all the Nazi skins leave. It was pretty much awesome to get rid of some idiots without resorting to violence, but hey, never under estimate the power of the youth crew.

Sick of it All at the Unisound in Reading, Pa.

Pretty much a scary time for me when my attempted stage dive goes awry and I end up (1) losing my shoe, and (2) nearly kicking Pete's guitar from his hands. After hitting the floor I look up to see Pete holding onto my shoe. Needless to say I was pretty scared, but he just said "who's shoe is this?" and gave it back to me when I answered.

Token Entry, Gorrilla Biscuits, Supertouch, Vision, Quicksand, Burn, Killing Time, Sick of it All at the Ritz in NYC.

The best line-up of any show I have ever seen. The most memorable moment of the show is when Anthony of Killing Time leaps into the crowd, dislocates his shoulder, goes off stage for a minute of two to pop it back in the socket, and then returns to sing the whole set.

Vision, Uppercut, Killing time, Chain of Strength at City Gardens, Trenton, NJ.

I spent this show freezing my ass off at an Exxon station in Larwenceville because the water pump on Hooch's car broke about a mile from City Gardens. I never do see Chain of Strength.

Sick of it All, Burn at City Gardens in Trenton, NJ

A really bad show. At the height of kick boxing mania in New Jersey. I get a fat lip in the pit during Burn's set. Rest in Pieces cancel. Sick of it All stunk this night. The show cost way too much money. Anthony's car won't start after the show. Just when I thought we are doomed to spend the night in the parking lot of Kings supermarket, some nice women from Point Pleasant drive us to the train station, and in my eyes, hardcore is saved by their kindness, after being destroyed by the show.

More than Music Festival, Dayton, OH

A really good time and a chance to see a bunch of bands I had never heard of before. I also met a lot of cool kids here.

The following bands performances moved me greatly, and gave me faith that hardcore is really more than music.

Endpoint	Princeton, NJ	June 1994
Sparkmarker	Westfield, NJ	July 1993
Lifetime	Westfield, NJ	Summer 1993
Ressurrection	Dayton, OH	March 1993
Spitboy	New Brunswick, NJ	April 1994
Noneleftstanding	Madison, WI	May 1994
Insted	Reading, PA	May 1991

I am on the train heading back home from NYC. I went to see a show today, like I have on almost every-other-weekend for nearly 8 years. 8 years. Kind of a long time. One third of my life. One third of my life as a hardcore kid. I sometimes wonder when it will end. Will I ever be able to just walk away? Be like those kids/adults whom I meet and who talk fondly of how they used to spend their Sunday afternoons at CB's or Pizzazz, all the while sucking down a beer at a bar, or sitting behind a desk, or at the wheel of a truck.

I doubt that I am walking away. Ever. More than likely hardcore will walk away from me. The bands, and faces, and sounds, and attitude, will evolve and I will be left behind. I'll be left with a ton of records, and crates of fanzines, but mostly memories, a whole lot of memories. And I will take it all with me, wherever I go or in whatever I do.

I would like to thank everyone who participated in and built this thing called hardcore, because I'd hate to see where I would be without it. See you at the show.

REMEMBER THAT Y.O.T
SHOW AT THE PYRAMID IN '86?
WITH CRIPPLED YOUTH?

YEAH I DONE 6 TIMES.
...BY THE WAY, JOHN,
HOW'S YOUR PROSTATE?



In Remembrance of Shit Talked Past



shittalker fanzine

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